

## Taking charge of Health and Social Care





8th March 2021

## Welcome to The Black Health Improvement Programme (BHIP)

We are very pleased to present BHIP, a culturally appropriate education and training package to support General Practice staff and other healthcare professionals. The programme is free to your practice and endorsed and delivered by the Caribbean and African Health Network (CAHN).

The programme has been developed in response to a consultation with the Caribbean and African Community and healthcare professionals who wanted to better improve health outcomes within the black community. This programme will assist in addressing the health and wellbeing inequities that have been unaddressed for decades and further exposed by COVID-19.

The programme is quality assured and provides awareness of a range of issues that impact upon the engagement of Caribbean and African people in relation to their health and wellbeing.

BHIP provides a package of:

- A dedicated period of taught culturally appropriate engagement (virtual training in 2021).
- Access to a bank of video and audio materials across specific and prevalent health conditions found in the Black community.
- A helpline for advice and referral for targeted intervention or appropriate services.
- Access to posters and resources to display in your practice.
- Accreditation following training and assessment, with support to improve

We are offering this programme free to the practice and keen to see your service develop into one that continuously helps to improve the health and wellbeing experience of Caribbean and African people in Greater Manchester.

To be an early adopter of this programme and begin the process of making your GP practice inclusive and culturally aware, please use the following sign up form. https://bit.ly/3qmfONG

To find out more about the programme please visit: <a href="https://gmprimarycarecareers.org.uk/black-health-improvement-programme/">https://gmprimarycarecareers.org.uk/black-health-improvement-programme/</a>

We look forward to working with you!

Yours faithfully

# Natasha

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#### **BLACK HEALTH IMPROVEMENT PROGRAMME**

## **Frequently Asked Questions**

#### How does the Black Health Improvement Programme work?

BHIP follows a similar framework as Pride in Practice. Once a GP practice signs up, CAHN will work with you to find a suitable date to deliver a 1-hour training session to both clinical and non-clinical staff. During 2021, these sessions will be delivered remotely. Following the session, the practice will be assessed using a number of criteria and will be placed in one of four categories.

Category 1 – (Developing)	Bronze	1-10 marks
Category 2 – (Enabling)	Silver	11-20 marks
Category 3 – (Establishing)	Gold	21-25 marks
Category 4 – (Achieved)	Platinum	26-30 marks

#### What are the categories and what does this mean?

It is not expected that the practice will reach category 4 following training, so CAHN will work with you to develop and move through the categories until you complete and reach platinum.

### What support can I expect?

BHIP provides a package of:

- A dedicated period of taught culturally appropriate engagement
- Access to a bank of video and audio materials across specific and prevalent health conditions found in the Black community.
- A helpline for advice and referral for targeted intervention or appropriate services.
- Access to posters and resources to display in your practice.
- Accreditation following training and assessment, with support to improve

#### Will our Practice have to contribute any funding towards the programme?

No. The BHIP programme is completely free to General Practice and has been commissioned by GMHSCP

#### How long will the programme take to complete and what is the time commitment?

Following the 1-hour training session, you are free to do as much or as little at your own pace. However, it is expected that practices should have achieved Platinum within 12 months of sign up.

## Will the programme help to encourage uptake of the COVID-19 offer in Caribbean and Black patients?

Excluding personal choice, the programme will assist you in supporting uptake of the vaccine by providing you with culturally inclusive information and materials that can assist the black community to make informed choices about their health, whilst dispelling myths and misconceptions.

#### When will the programme start?

We are in the process of seeking expressions of interest from practices who wish to be early adopters. The first training sessions will begin end of March. Please use the sign-up form to register.