

# LOCAL LEADERS ARRRS QUIZ

Joanne Roberts  
AHP ambassador







## Primary Care AHP Ambassador Objectives

- Provide advice and support for primary care AHP workforce planning to HEE.
- Support uptake of AHP roles in primary care,
- Provide advice to PCNs on effective AHP recruitment, retention, training and education at different stages of post registration careers
- Promote training and education resources and support for AHPs moving to and working in primary care.
- Support and advise HEIs on pre-registration AHP education and practice placements for and in primary care.



# A different type of presentation





**There are too many PowerPoint presentations  
in the world and so we've created a quiz.**



Do you feel any of these roles would benefit your practice to the extent you would want to employ one? Tick all that apply.

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First contact Physiotherapist

0

First contact Occupational Therapist

0

First contact Dietitian

0

First contact Podiatrist

0

Paramedic

0

None of the above





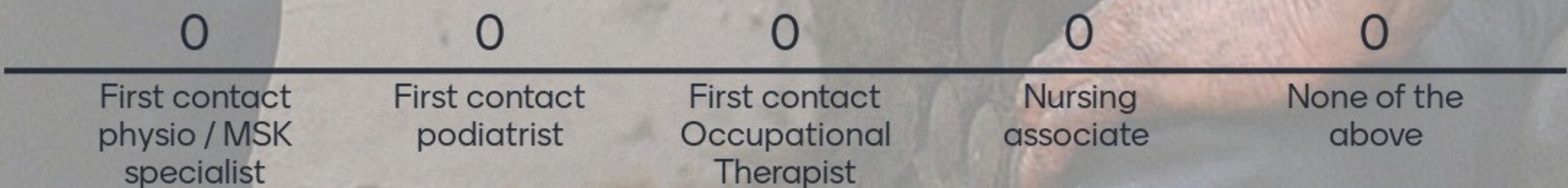


# Case Study 1

A 51 year old man presents with a 10 week history of painful right groin. He has reduced mobility, was recently diagnosed with depression and is off work.



Who do you think could assess this patient on initial consultation? Please tick all that apply







## What might be the AHP's management plan?

- Exercises / self management
- Investigation e.g. X-ray
- Refer for physiotherapy treatment
- Issue of Fit note
- RTW advice / issue of advisory fitness to work reports
- Low level mental health support
- All of the above



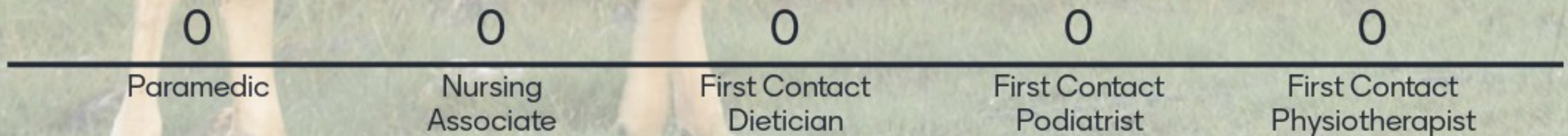


## Case Study 2

A 48 year old lady with insidious onset calf pain and bruising.



Who can see this patient on initial consultation? Tick all that apply







# What might be the AHP's management plan?

- Self-management exercises
- Investigations w.g. Doppler
- Prescribe appropriate medication
- Signpost accordingly



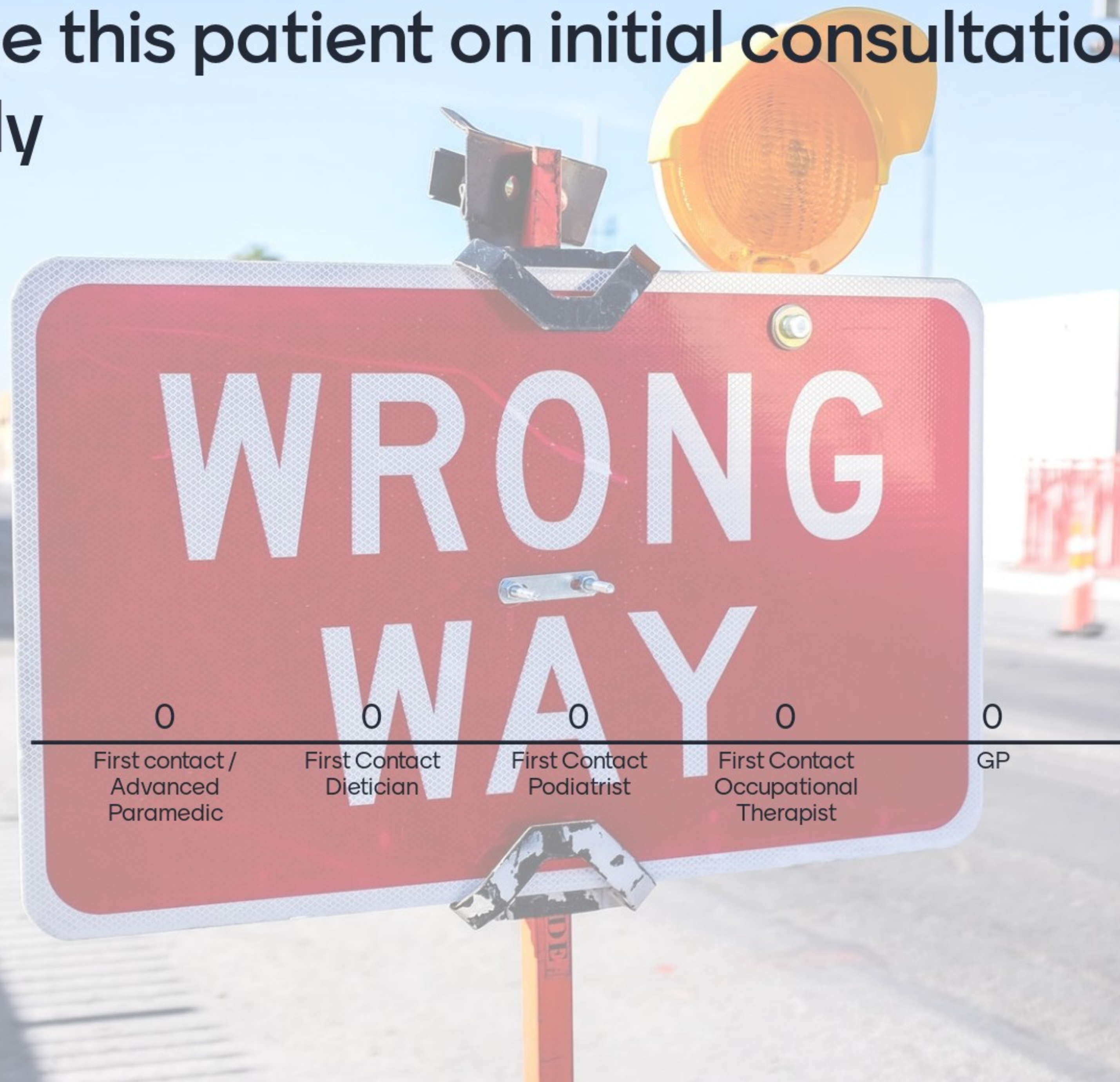


# Case Study 3

An 84 year old lady contacts their GP practice for home visits due to increasing falls and confusion.



# Who can see this patient on initial consultation? Tick all that apply







## What might be the AHP's management plan?

- Capacity assessment
- Urine dip / culture
- Gait / functional assessment
- Prescription
- Signpost appropriately

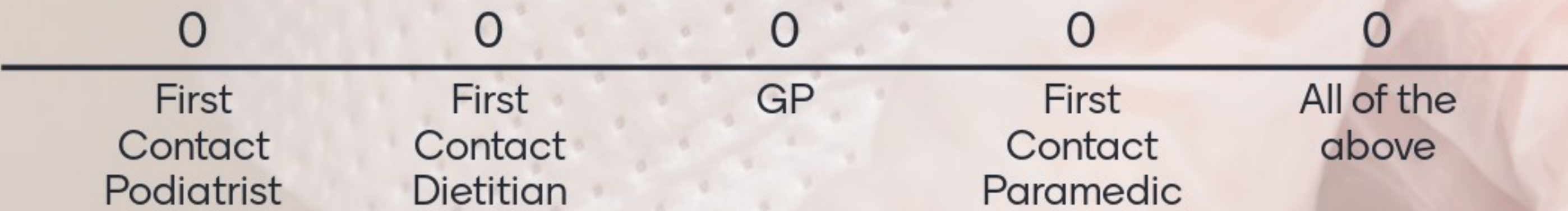


# Case Study 4

A 65 year old man c/o pain both lower limbs  
he has increased BMI and Type 2 DM. He  
has a none healing wound.



Who can see this patient on initial consultation? Tick all that apply







## What might be the AHP's management plan?

- Lifestyle management
- Weight management
- Wound management
- Evidence based nutritional advice
- Signpost as appropriate
- Medication
- Vascular examination



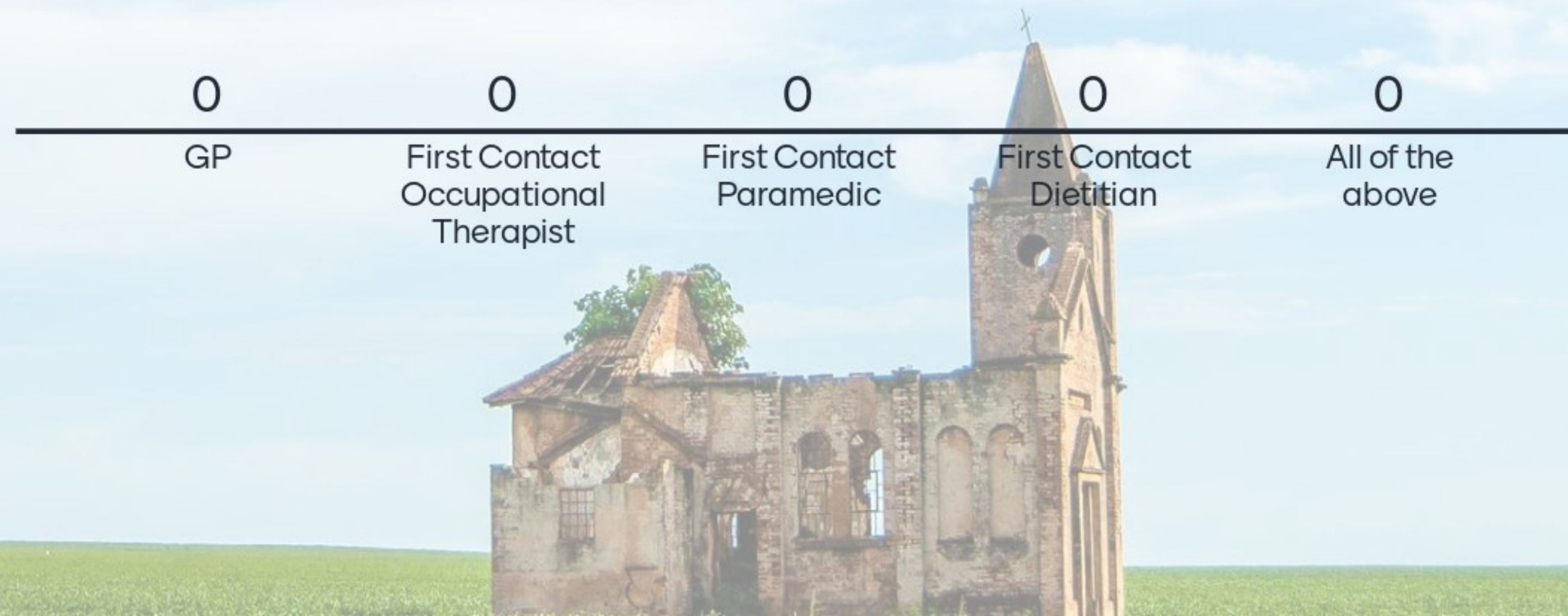
# Case Study 5

A 55 lady, known asthmatic hypertension,  
angina not working low mood. Socially  
isolated.





# Who can see this patient on initial consultation? Tick all that apply







## What might be the AHP's management plan?

- Sleep hygiene
- Fatigue management
- Screen for anxiety / low mood ..
- CBT approach to promote behaviour change
- Lifestyle management
- Nutritional advice
- Signpost to support networks/ community groups and welfare rights
- Motivational interviewing
- Relaxation techniques



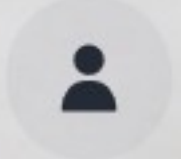


# Case Study 6

A 54 year old man c/o 8 week history of thoracic pain after lifting a tyre.



Who can see this patient on initial consultation? Tick all that apply







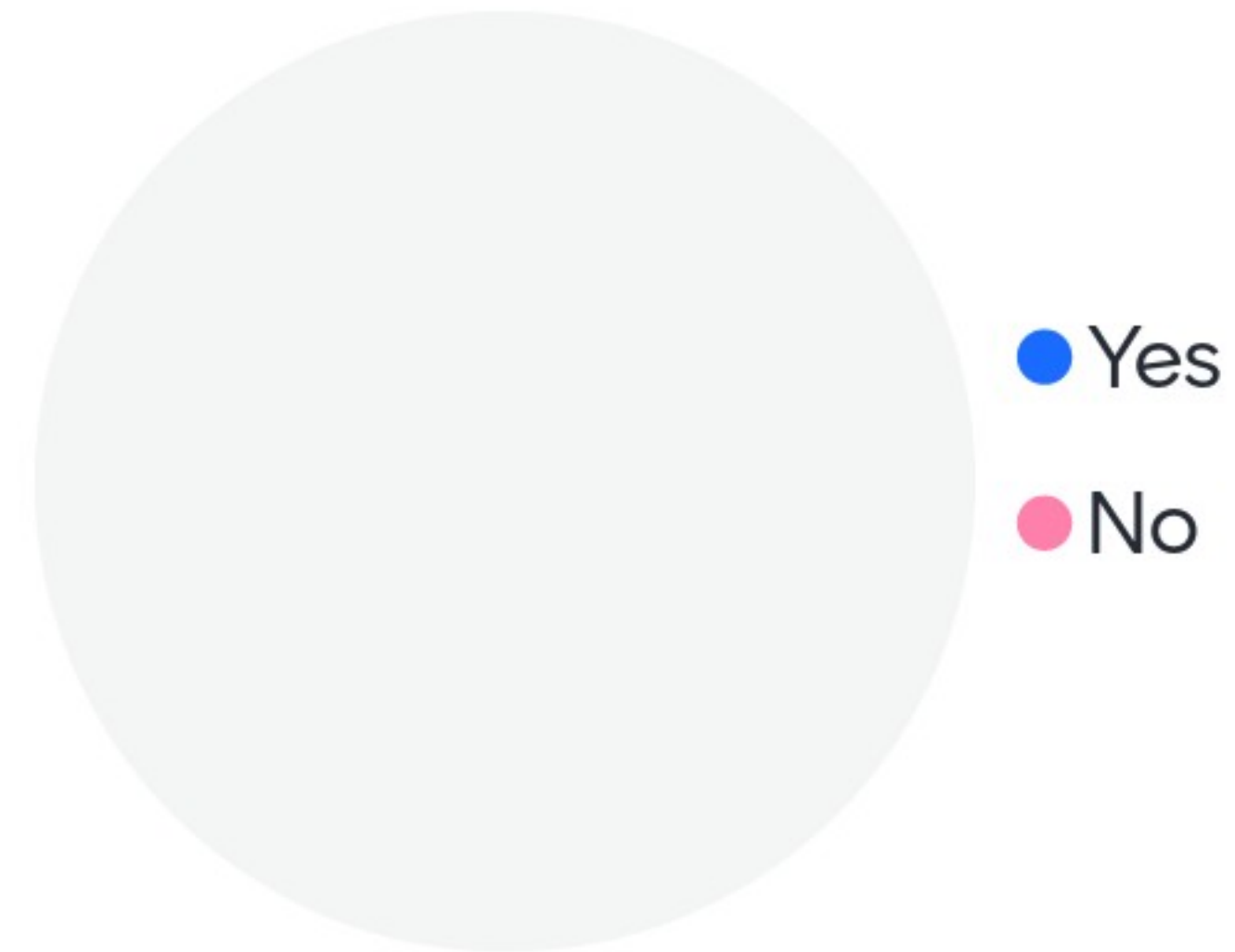
# What might be the AHP's management plan?

- Exercises
- Refer for physio
- Refer for investigations (xray / MRI /Bloods)
- Signpost appropriately





Did you expect the AHP's to have the clinical skills job roles described?





# Level of expertise of Staff in AHP ARRS roles

- Vast clinical experience / specialist clinical decision making... progressed through AFC pay scales minimum band 7
- Also achieved level 7 academic study (Masters)





# Right person, Right Place, Right time

## Frailty

Mental Health management

RTW / remain in work advice

Prevention long term problems

## MSK

Investigate (Bloods, X-ray  
MRI NCS)

Educate

Nutrition optimisation

## Diagnose and Signpost

Prescribe / inject

Weight management

Allergy management





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